



## Recipe Corner

### Chicken In A Crock Pot

This recipe is too large for the column so I'm attaching along with the newsletter. Highly recommend this one as a source for chicken used in casserole recipes, salads, sandwiches, etc. You also wind up with about a gallon of homemade chicken broth.

I buy a two-pack of 3 lb chickens for the freezer. Price has gone from \$11 for the two-pack to \$18.50 at Sam's Club. Thanks Joe!



Fully expect this from Wells Fargo after dealing with their mortgage department. They kept contacting me with mailings offering lower rates...and then had to admit they are just after refinancing charges. Formal complaint to corporate worked and they stopped.



4.2.2022 #324

*All the news I see fit to print.  
Freedom of the press belongs to those who own one.*



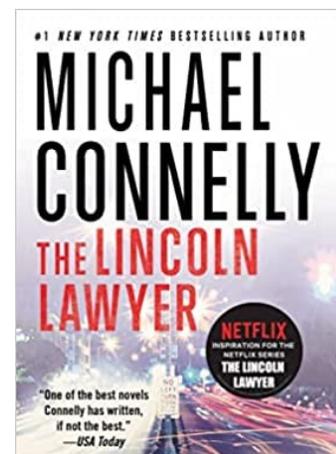
Pfizer is one of several pharmaceutical companies who pay doctors to publish papers about their products. There are others who publish papers about what happens when you use those products. The latter are banned from social media for "misinformation". The following are some of the headlines that got past the social media "fact checkers" and got their information to the public. I encourage you to do your own search...sans Goggle...and make up your own mind.

COVID-19 VACCINE MASSACRE INCREASES STROKES 68,000%  
– HEART 44,000% – 6,800% Increase in DEATHS VS NON-COVID Vaccines — Vaccine aborting unborn at alarming rates – 1,925% INCREASE! - If under 18, you are 51 times more likely to die from vaccine than Covid—They are Killing Our Troops: 1100% increase in U.S. military deaths (HIV protein added to shot) - Federal Judge Grants Class Action Status To Navy SEALs In Lawsuit Against Secretary of Defense Austin Over Vaccine Mandates— The Vaccine Injects Toxic Fats Into Your Body — Heart attack rates are skyrocketing — FDA, CDC Guilty of Clinical Malpractice and Scientific Fraud by Inaction and Omission on mRNA Vaccine Safety Warnings — Ex-FDA adviser: Agency ignoring requirement to disclose COVID-shot risks— How many COVID booster shots will finally be enough? - New Study Shows Chemical Found in Green Leafy Vegetables Can Slow the Spread and Treat Illnesses Caused by COVID-19 and Other Common Cold Viruses—*ad infinitum!*

*I have been personally denied health care for over two years and counting from the Veteran's Administration and Allina Health services because I refuse to wear a face diaper.  
I'm in better health now than I was...WTF?*

## Bon Mots

Heroes take naps.  
It takes courage  
to wake up  
twice in one day.



## Book Report

**Mickey Haller** becomes the author's new character as famous as his detective **Bosch**. Both received Hollywood treatment...Mickey was not as fortunate as Bosch. It wasn't the choice of actor like midget Tom Cruise cast as Reacher. Rather, it was the TV script that left gaping holes in the narrative while the book was crisp and kept you focused on how the plot unfolded.



Read the book and then watch the movie. Matthew McConaughey nailed the character but was hamstrung by the plot holes. Bosch should have been included as he was in subsequent Haller novels.

**-more-**



**The globalist 'cabal'** has shut down the server link in Switzerland with close to 300 emails found on the Hunter Biden 'laptop from Hell' that proved Hunter Biden was financing biolab development in Ukraine via his investment firm Rosemont Seneca. New emails obtained by The Daily Mail show that Hunter Biden helped secure millions in U.S. taxpayer funding for Ukrainian biological research laboratories to study deadly pathogens, vindicating what Russian authorities have said.

The Department of Defense \$18.4 million grant helped fund Metabiota, a Pentagon contractor that specializes in researching dangerous diseases and bioweapons. Hunter helped connect Metabiota with the Ukrainian gas firm, Burisma, to facilitate a "science project" involving Ukrainian biological research labs. Burisma put Hunter on their board of directors, who received hundreds of thousands of dollars due to his political connections. Big League Politics reported on how the U.S. State Department is worrying publicly that these biological research laboratories could fall into the hands of the Russians: US Under-secretary of State Victoria Nuland explicitly saying that Ukraine has "biological research facilities" in direct response to a question by Senator Marco Rubio (R-FL) asking if the Ukraine contains any kind of chemical or biological weapons.

*"Ukraine has biological research facilities, which in fact we are now quite concerned... Russian troops... may be seeking to gain control of so we are working with the Ukrainians on how they can prevent any of those research materials from falling into the hands of Russian forces should they approach,"* Nuland replied.

Rubio quickly interjected, speaking out against what he believes is *"Russian propaganda" in order to influence the war. He then asked Nuland "if there's a biological or chemical weapon incident or attack inside of Ukraine is there any doubt in your mind that 100% it would be the Russians behind it?"*

*"There is no doubt in my mind, Senator,"* answered Nuland. *"It is classic Russian technique to blame on the other guy what they're planning to do themselves."*

Political commentator Glenn Greenwald was quick to share his opinion on the exchange, specifically highlighting the end of the interaction between Nuland and Rubio. Greenwald noted what appeared to be a reframing of the conversation by Rubio, pointing out that he quickly helped Nuland shift the focus to Russia rather than why the US had the labs there..

This news from Hunter's laptop drives a wedge in the Western propaganda narrative about Russia's conflict with Ukraine. Did Putin's invasion of Ukraine prevent the next pandemic caused by the release of the bioweapons from the US sponsored labs?

***Not to worry...Hunter knows he can get pardoned by the pResident.***

## Mal Mots

**The world wasn't better when you were younger. You just weren't paying attention.**

## You're Welcome



**Tip for male business owners:** re-certify your corporation with the SBA as "woman owned" for those benefits. If they deny your certification, ask them why you don't qualify as a woman.



Trump scores hole-in-one, driving the Left nuts. Three pro golfers witnessed the event but Left says they lie.

**Until next week...**

**GPA/DAD/UNCLE/ETC  
fns@franksiegler.com  
thefrankreport.net\***

*This newsletter is published Saturday mornings and is by opt in subscription. Just send me an email requesting to be added to the list.*

*Or visit my blog\*.*

**Please feel free to pass it on.**